

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				
Meatballs With Pasta, Salad And Garlic Bread	Beef And Mushroom Pie With Buttered Mash Potatoes And Veg	Roast Chicken With Roast Potatoes & Vegetables	Jerk Chicken With Rice And Peas	Battered Fish With Roast New Potatoes And Vegetables
WEEK 2				
Chicken Burger With Coleslaw And Sweet Potatoes	Beef Enchiladas With Salad And Garlic Bread	Roast Beef, Roast Potatoes & Vegetables	BBQ Chicken With Flavoured Rice	Breaded Fish With Potato Wedges And Vegetables
WEEK 3				
Sweet Chilli Beef With Noodles And Vegetables	Hunters Chicken With Croquette Potatoes And Beans	Roast Turkey , Roast Potatoes & Vegetables	Lasagne, Salad And Garlic Bread	Fish Fingers With Chips and Baked Beans
WEEK 4				
Chicken Curry With Savoury Rice	Pasta Bolognese With Salad And Garlic Bread	Roast Lamb With Roast Potatoes & Vegetables	Chicken Kiev With Sliced Potatoes And Beans	Fish Cake With Peas And Diced Potatoes
VEGETARIAN OPTIONS				
WEEK 1				
Roasted Med Vegetables With Pasta, Salad And Garlic Bread	Vegetable Wellington With Buttered New Potatoes And Veg	Butter Bean Stew With Dumplings	Jamaican Stew With Rice And Peas	Battered Quorn Fillet With Roast New Potatoes And Vegetables
WEEK 2				
Vegetable Burger With Coleslaw And Sweet Potatoes	Vegetable Enchiladas With Salad And Garlic Bread	Quorn And Mushroom Pie Roast Potatoes And Vegetables	Mixed BBQ Vegetables With Flavoured Rice	Falafel With Potato Wedges And Vegetables
WEEK 3				
Sweet Chilli Vegetables With Noodles	Hunters Quorn Fillet With Croquette Potatoes, Beans	Cauliflower And Broccoli Bake Roast Potatoes And Vegetables	Vegetable Lasagne ,Salad And Garlic Bread	Vegetable Fingers ,Chips And Baked Beans
WEEK 4				
Vegetable Curry With Savoury Rice	Vegetable Pasta Bake With Salad And Garlic Bread	Vegetable Loaf Roast Potatoes And Vegetables	Stuffed Pepper With Sliced Potatoes And Beans	Vegetable Cake With Diced Potatoes And Peas